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Encephalitis
International
The brain inflammation non-profit

Encephalitis:

My Brain and Medicine

MONDAY 26 JANUARY 2026

12.30 - 18.30HRS (CEST)

ELITE HOTEL CAROLINA TOWER,
EUGENIAVÄGEN 6, 171 64,
STOCKHOLM, SWEDEN

ROOM: WILHELM RÖNTGEN HALL

Please note that most of the event will be presented in Swedish

The event will finish with a drinks and nibbles reception. Please join to learn more about encephalitis and its after-effects and connect with professionals and other people with similar experiences.

To book your FREE place, please visit:

www.encephalitis.info/event/my-brain-medicine-sweden

Encephalitis International is a registered Charity and Charitable Company. Our England and Wales Charity No. is 1087843 and our Charitable Company No. is 04189027. Our Charity No. in Scotland is SC048210.

Encephalitis International is a Named Fund member of the Chapel & York US Foundation, Inc. The Chapel & York US Foundation, Inc. is a 501(c)(3) tax-exempt organization.

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Programme

12.30 **Registration**

13.00 **Welcome**
Dr Ava Easton, Encephalitis International, UK
Assistant Professor Jakob Theorell, Center for Infectious Medicine, Karolinska Institutet, Sweden

13.05 **Infectious encephalitis**
Sara Gredmark Russ, Karolinska Institutet, Sweden

13.25 **Q&A**

13.35 **Autoimmune encephalitis**
Assistant Professor Jakob Theorell, Center for Infectious Medicine, Karolinska Institutet, Sweden

13.55 **Q&A**

14.05 **Encephalitis in children**
Professor Ronny Wickström, Karolinska Institutet & Karolinska University Hospital, Sweden

14.25 **Q&A**

14.35 **BREAK**

15.05 **Brains on Fire - outcomes and quality of life post-encephalitis**
Dr Ava Easton, Encephalitis International, UK

15.35 **Managing fatigue**
Conrad Samuelsson, Karolinska Institutet, Sweden

16.05 **BREAK**

16.30 **Lived experience -infectious encephalitis**
Gunilla Svahn

16.45 **Lived experience – autoimmune encephalitis**
Matilda Niang

17.00 **Lived experiences Q&A**

17.10 **Closing address**
Dr Ava Easton, Encephalitis International, UK
Assistant Professor Jakob Theorell, Center for Infectious Medicine, Karolinska Institutet, Sweden

17.15 **Drinks reception**