

Encephalitis International  
32 Castlegate, Malton,  
North Yorkshire  
YO17 7DT  
United Kingdom

e: mail@encephalitis.info  
t: +44(0)1653 692583  
w:encephalitis.info



**Encephalitis**  
International  
The brain inflammation non-profit

# Encephalitis: My Brain and Medicine

MONDAY 26 JANUARY 2026

12.30 - 18.30HRS (CEST)

ELITE HOTEL CAROLINA TOWER,  
EUGENIAVÄGEN 6, 171 64,  
STOCKHOLM, SWEDEN

ROOM: WILHELM RÖNTGEN HALL

*Please note that most of the event will be presented in Swedish*

The event will finish with a drinks and nibbles reception. Please join to learn more about encephalitis and its after-effects and connect with professionals and other people with similar experiences.

**To book your FREE place, please visit:**

[www.encephalitis.info/event/my-brain-medicine-sweden](http://www.encephalitis.info/event/my-brain-medicine-sweden)

Encephalitis International is a registered Charity and Charitable Company. Our England and Wales Charity No. is 1087843 and our Charitable Company No. is 04189027. Our Charity No. in Scotland is SC048210.

Encephalitis International is a Named Fund member of the Chapel & York US Foundation, Inc. The Chapel & York US Foundation, Inc. is a 501(c)(3) tax-exempt organization.

# Encephalitis: My Brain and Medicine Programme

12.30 **Registration**

13.00 **Welcome**  
Dr Ava Easton, Encephalitis International, UK  
Assistant Professor Jakob Theorell, Center for Infectious Medicine,  
Karolinska Institutet, Sweden

13.05 **Infectious encephalitis**  
Sara Gredmark Russ, Karolinska Institutet, Sweden

13.25 **Q&A**

13.35 **Autoimmune encephalitis**  
Assistant Professor Jakob Theorell, Center for Infectious Medicine,  
Karolinska Institutet, Sweden

13.55 **Q&A**

14.05 **Encephalitis in children**  
Professor Ronny Wickström, Karolinska Institutet & Karolinska  
University Hospital, Sweden

14.25 **Q&A**

---

14.35 **BREAK**

---

15.05 **Brains on Fire - outcomes and quality of life post-encephalitis**  
Dr Ava Easton, Encephalitis International, UK

15.35 **Fatigue after encephalitis**  
Conrad Samuelsson, Karolinska Institutet, Sweden

---

16.05 **BREAK**

---

16.30 **Lived experience -infectious encephalitis**  
Gunilla Svahn

16.45 **Lived experience – autoimmune encephalitis**  
Matilda Niang

17.00 **Lived experiences Q&A**

17.10 **Closing address**  
Dr Ava Easton, Encephalitis International, UK  
Assistant Professor Jakob Theorell, Center for Infectious Medicine,  
Karolinska Institutet, Sweden

17.15 **Drinks reception**