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**Encephalitis
International**
The brain inflammation non-profit

Encephalitis:

My Brain: My Story

HYBRID EVENT (IN-PERSON AND VIRTUAL VIA ZOOM)

SATURDAY 4TH OCTOBER 2025
12:30 – 18:00 (ALL TIMES BST)

THE GRAND
STATION RISE, YORK
YO1 6FD

To attend please book your place online at
www.encephalitis.info/event/my-brain-my-story-2025
or contact us on admin@encephalitis.info
+44(0)1653 692583

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Encephalitis International is a registered Charity and Charitable Company. Our England and Wales Charity No. is 1087843 and our Charitable Company No. is 04189027. Our Charity No. in Scotland is SC048210.

Encephalitis International is a Named Fund member of the Chapel & York US Foundation, Inc. The Chapel & York US Foundation, Inc. is a 501(c)(3) tax-exempt organization.

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My Brain: My Story

Programme

12:30	Registration
13:30	Welcome
13:35	Lived experience - acute disseminated encephalomyelitis (ADEM) Rosie Waspe, UK (person affected as a child now adult)
13:50	Q&A
13:55	Lived experience - medication induced autoimmune encephalitis Douglas Upton, US (person affected)
14:10	Q&A
14:15	Break
14:50	Lived experience - anti-NMDAR autoimmune encephalitis Shirley Delos Santos, Philippines (family member)
15:05	Q&A
15:10	Lived experience - anti-LGI1 autoimmune encephalitis Graeme Taylor, UK (person affected)
15:25	Q&A
15:30	Break
16:05	Lived experience - mumps encephalitis Sandeep Kumar Das, India (person affected as a child now adult & Team Encephalitis volunteer)
16:20	Q&A
16:25	Lived experience - bacterial encephalitis Kathryn Rezai O'Loughlin, Scotland (person affected)
16:40	Q&A
17:00	Wine/drinks reception for in person guests. Peer support online gathering for virtual attendees
18:00	Close



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